



Halifax metro

Your essential daily news | THURSDAY, JULY 7, 2016

Marvel's Iron Man
is now a woman
metroNEWS



High 16°C/Low 11°C Rainy



LABOUR OF LOVE

Young and younger celebrate 20 years of doulas
volunteer program metroNEWS

The Cup cometh

CHAMPIONS

Sid bringing Lord Stanley to Cole Harbour on July 16

 **Kristen Lipscombe**
Metro | Halifax

Sidney Crosby is bringing a special guest back home July 16 — Lord Stanley.

The Stanley Cup's return to Cole Harbour was unveiled Wednesday evening via Twitter.

"The cup is coming back to Cole Harbour on July 16th!" reads the Tweet on the Sidney Crosby Hockey School account.

Organizer Paul Mason said the Stanley Cup celebration will cap off the star player's week-long hockey school, which runs next Monday through Friday. The parade starts at

10:30 a.m. next Saturday at Saint John XXIII Parish on Colby Drive, and continues to Cole Harbour Place, where a public question and answer session will be held.

"It's an opportunity for Sidney to share the Cup with the community," Mason said Wednesday night.

Halifax Regional Municipality plans to provide buses so residents outside of Cole Harbour can attend, he said.

"Seven years ago it was a phenomenal event," Mason said, referring to summer 2009, when Crosby brought the Cup to his hometown for the first time.

Crosby, 28, captained the Pittsburgh Penguins to this year's victory, scoring six goals and adding 13 assists in 24 playoff games. The Penguins beat out the San Jose Sharks in six games during the 2016 Stanley Cup Final, with their 3-1 victory June 12 clinching hockey's most coveted trophy.

Crosby notched two helpers in that game alone, contributing to his claim on this year's Conn Smythe Trophy.



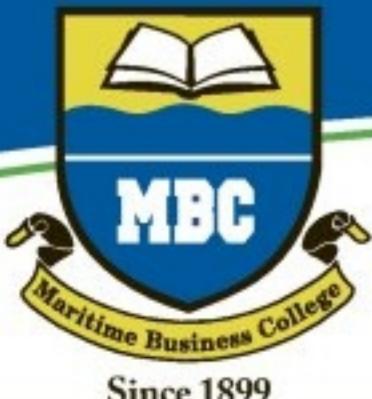
"I need a change... a real career"

Take control of your future!

Get trained to work in, manage, or own a successful business,
and learn the art of entrepreneurial thinking!

Business Marketing and Administration

Now Enrolling
for September



maritimebusinesscollege.com | 902-463-6700



AT O'REGAN'S
DARTMOUTH
HYUNDAI
ONLY

Christmas in July

TRY IT
OR
BUY IT
EVENT

WITH EVERY PURCHASE OF A NEW 2016 ELANTRA/SANTE FE FROM
O'REGAN'S DARTMOUTH HYUNDAI YOU CAN PICK YOUR PRESENT*

BONUS

7 YEAR
WARRANTY
120,000 KM

I
OR
I

FREE
WINTER
TIRES



2016 **ELANTRA** GL Manual

WAS \$20,444

NOW

\$14,249

\$0 DOWN

\$39/WEEK**

SAVE \$5,175*

\$45/week** to upgrade to Elantra GLS.

Key features: 17 alloys, rear heated seats, fog lights and sunroof.

2016 **SANTE FE** premium FWD

WAS \$31,594



NOW

\$25,449

\$0 DOWN

\$68/WEEK**

SAVE \$4,887*

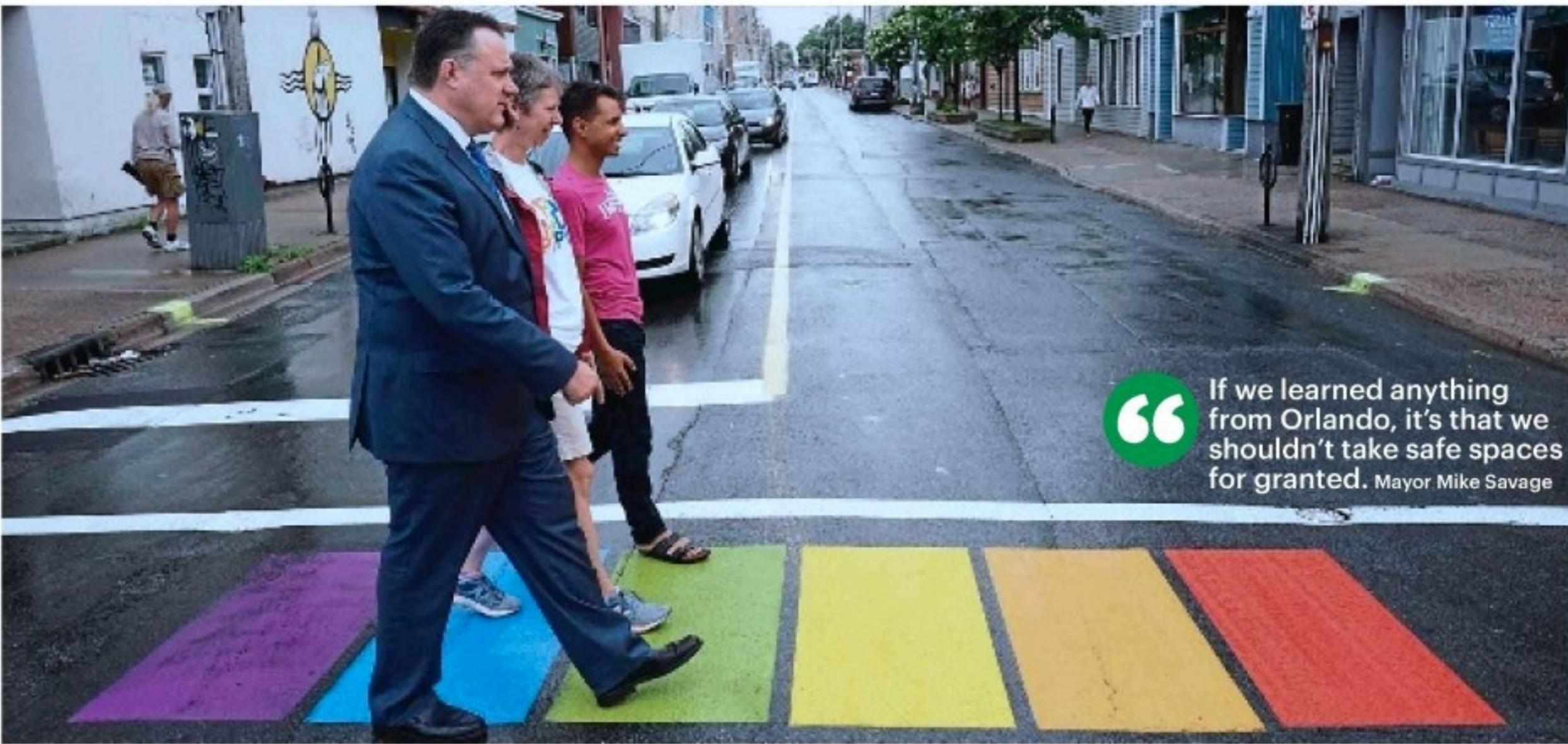
**See dealer for details, vehicles may not be exactly as shown, limited availability. Taxes and fees are not included in payments or price. Rebates are tax in. Your choice of bonus warranty or free tires with O'Regan's financing on in-stock vehicles only.

CANADA'S
BEST
MANAGED
COMPANIES
Platinum member

O'REGAN'S
DRIVING HIGHER STANDARDS

DARTMOUTH
HYUNDAI

60 BAKER DRIVE, UNIT - D
465-7500
oreganshyundaidartmouth.com



If we learned anything from Orlando, it's that we shouldn't take safe spaces for granted. Mayor Mike Savage

Halifax Pride board member Morgan Manzer (back), Coun. Jennifer Watts and Mayor Mike Savage cross one of the city's new Pride crosswalks Wednesday morning on Gottingen Street. Crosswalks at four intersections in Halifax and Dartmouth were painted overnight ahead of next week's festival. **ZANE WOODFORD/METRO**

Crosswalks painted with pride

RAINBOW ROAD

Intersections get colourful treatment for Pride Festival

Zane Woodford
Metro | Halifax

Something hit the streets of Halifax and Dartmouth early Wed-

nesday morning that the whole municipality can take pride in.

Crosswalks at four intersections got the rainbow treatment overnight.

"Pride's so excited about this," board member Morgan Manzer said at the intersection of Gottingen and Cornwallis Streets on Wednesday morning. "It's a vibrant art installation that shows the municipality is really committed to safe spaces."

Aside from the Gottingen Street intersection, Halifax

Regional Municipality also painted rainbows at the intersections of Barrington Street and Spring Garden Road; Spring Garden Road and South Park Street; and at Alderney Drive and Ochterloney Street.

Though they may not look like it — occupying only the centre of each crosswalk — all four intersections are in fact complete.

"We've limited the span of the rainbows to ensure that it's safe for motorcyclists and cyclists alike, as well as pedestrian and

car traffic," HRM's transportation and public works coordinator Victoria Horne said at the intersection Wednesday morning, adding that the paint was infused with glass and rubber for extra grip.

He was surprised they didn't stretch right across the street, but Mayor Mike Savage said Wednesday that the crosswalks are part of the municipality's aim "to be a truly inclusive and diverse city" — values he highlights when he tells other cities about Halifax.

"People talk about tolerance.

It's not about tolerance," he said. "It's about acceptance and honouring our differences, and really believing that those things that make us different make us stronger together."

Manzer called the crosswalks a "constant reminder" of the municipality's support.

"It really demonstrates it, and it's so tangible to see when you have a vibrant art installation, right across the city, but right here especially on the corner of Gottingen and Cornwallis,

because it has such historical underpinnings for our community," he said. "It means a lot to us."

Area Coun. Jennifer Watts agreed the Gottingen Street crosswalks represent the community well.

"I think particularly the significance here at Gottingen Cornwallis is because of the community and a really strong sense of wanting to be visible and be proud, and it's a great way to do that," she said. "This is about a celebration, and we're happy about it."



The Original Steak & Fries Lunch

A small marinated rib eye steak available either Derby or Charcoal style with fries. **\$6.99**

Add a 5 oz. Glass of Wine or 11 oz. Draught for **\$3.49**

Available
Tues thru Sat
11:00am to
2:30pm



Moms, doula celebrate 20 years' labour of love

VOLUNTEERING

Program offers support, comfort during pregnancy

Yvette d'Entremont
Metro | Halifax

Katie Rennie has a hard time containing her emotion when she shares what having a doula meant for her childbirth experience.

She was one of several speakers and among dozens who gathered to celebrate the 20th anniversary of the Volunteer Doula Program at a special event held at the IWK Health Centre in Halifax on Wednesday.

"When you're in labour, your doula is not just a doula. Your doula is a coach and a cheerleader and a friend and a mom," Rennie said in an interview following her speech.

"Especially with how young my boyfriend and I were, and how we'd never gone through this before. It was unplanned and we hadn't expected it. We couldn't have done it without her."

Erin Fair, coordinator of the Volunteer Doula Program, describes a doula as someone who provides emotional support, physical comfort support and practical information to women and their families.

The program, which operates out of Spryfield's Chebucto Family Centre, focuses its efforts on teen moms, single moms, newcomers, low-income families and students.



Erin Fair, coordinator of the Volunteer Doula Program at the IWK Health Centre in Halifax, speaks to Metro at an event commemorating the 20th anniversary of the program. ZANE WOODFORD/METRO



Your doula is a coach and a cheerleader and a friend and a mom. Katie Rennie

"Doulas have been around for centuries. They're women helping women in childbirth, and I think that at the end of the day what it comes down to is we needed a more formalized way to make that happen

for women in HRM," Fair said of the decision to create the program 20 years ago.

"Why it's so exciting and why you see the energy here is probably when they started this program, I don't know that

they ever thought that it would last as long as it has. And the fact is that it has not only not gone away, but it's continuing to grow and get bigger."

The volunteer program boasts 200 doulas on its roster, with about 65 of them actively volunteering, Fair said for most, it is a calling.

Caet Moir is the volunteer doula who helped Rennie and

her boyfriend with the pregnancy and birth of their son Oliver.

Moir said nothing compares to the satisfaction she gets from helping women through the program.

"People always say 'Oh, you're a doula. What else do you do?' And I say 'No. No. I am a doula. This is my life,'" Moir said.

FUNDING

Province is investing \$2.8M in aquaculture

The Nova Scotia government is spending \$2.8 million on the aquaculture industry just as it opens up the sector to new applications for ocean-based farming operations.

The province says the funding will be used on a "more rigorous" approval process for new aquaculture operations, along with \$2 million for research projects on how the sites affect the local environment.

A new licensing process

requires approval by an independent aquaculture review board, an aquaculture development plan and consultation with other levels of government and First Nations in certain cases.

Premier Stephen McNeil says the investment will create jobs in an industry that is worth \$60 million annually, supports 600 direct jobs and contributes to seafood exports valued at \$1.68 billion last year.

THE CANADIAN PRESS

CROWES MILLS

Dirt bike rider killed in head-on crash

A 41-year-old man from Debert died at the scene after a dirt bike he was riding collided with a truck on a rural road. Colchester County RCMP said that just after 10:30 p.m. on Saturday, in Crowes Mills, a truck attempted to pass a vehicle in front of it when it hit a dirt bike coming in the opposite direction.

"The dirt bike did not have headlights on," an RCMP release stated. METRO

ANAPOLIS COUNTY

Man facing multiple charges

Charges of attempted murder and arson have been laid against a Nova Scotia man who was involved in an incident during which Mounties used their firearms earlier this week.

According to a news release, shortly after 1:15 a.m. on Monday, Annapolis County RCMP responded to a call on Parker Mountain Road in Hillsburn about a man who had a gun.

The man was a suspect in an arson that had occurred earlier in the evening. Police say they were at the

scene when the suspect approached the area in a stolen vehicle.

The release said the RCMP members "took action, resulting in the discharge of their firearms."

The male suspect was arrested and taken to hospital for treatment of what are believed to be non-life threatening injuries.

The RCMP members involved in the incident were not injured, and the province's Serious Incident Response Team (SIRT) is now investigating the

POSTAL STOPPAGE

Don't use mail, city advises

Ben Jamieson
For Metro | Halifax

With a possible postal interruption looming, Halifax Regional Municipality is letting people know what to expect.

If there is a disruption to Canada Post service, no mail or parcels will be delivered throughout HRM, and any items within the postal system at the time of a disruption will be secured and delivered once work resumes.

The HRM said in a news release Wednesday that they are asking people not to use Canada Post to send any payments, grant applications or other forms of correspondence to the city as of Wednesday, July 6.



Any outstanding payments are still expected to be paid to the municipality by the appropriate due date. People are being asked to make alternate arrangements for payment including by phone, online or in person at one of the four Customer Service Centres located at the Acadia Centre, Alderney Gate, Bayers Road or Scotia Square.

If there are any priority items that the municipality must send to citizens or businesses, city staff are planning to make alternate arrangements.

UPDATES

Regular updates on the effects of postal service disruptions will be shared through www.halifax.ca and @hfxgov on Twitter.

matter.

On Wednesday, the RCMP said the Southwest Nova Major Crime Unit laid charges against Jeffrey Luke Gregory, 55, of Annapolis Royal including two counts of attempted murder, dangerous driving, arson with disregard for human life, and arson causing damage to property.

Gregory remains in custody and is scheduled to appear in Annapolis Royal provincial court on July 14.

The investigation is ongoing.

METRO

BUY NEW. PAY USED.



2017 MIRAGE HATCH ES



Mirage ES model shown

STARTING
FROM

\$9,998*

LEASE FROM FINANCE FROM

0%

0%

STANDARD FEATURES:

- POWER FRONT WINDOWS
- POWER SIDE-VIEW MIRRORS
- REAR WING SPOILER
- CARGO COVER

2017 MIRAGE G4



Mirage G4 SEL model shown

STARTING
FROM

\$14,498*

LEASE FROM FINANCE FROM

0%

0%

STANDARD FEATURES:

- BLUETOOTH® 2.0 HANDS-FREE CELLULAR PHONE INTERFACE WITH STREAMING AUDIO & USB INPUT WITH VOICE CONTROL
- AIR CONDITIONING
- POWER WINDOWS
- POWER DOOR LOCKS WITH REMOTE KEYLESS ENTRY

AVAILABLE:

- APPLE CAR PLAY & ANDROID AUTO
- AUTOMATIC CLIMATE CONTROL

10 YEAR
160,000 KM
POWERTRAIN
LTD WARRANTY**

AVAILABLE INCENTIVES OF **\$500** FOR MILITARY PERSONNEL,
FIRST RESPONDERS, RECENT GRADUATES, FIRST TIME
BUYERS & CURRENT MITSUBISHI OWNERS.

**GET TO
KNOW
MITSUBISHI**

**BUILT BETTER.
BACKED BETTER.**



METRO
MITSUBISHI

230 Wyse Rd Dartmouth, NS • 902-463-6792
www.metromitsubishi.ca



NOW PART OF THE
STEELE AUTO GROUP



Steele
MITSUBISHI

3681 Kempt Road • Halifax, NS • 902-405-1177
www.steelemitsubishi.com

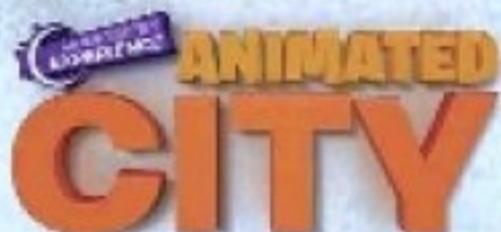
*Price is plus applicable taxes, fees and freight. ** Whichever comes first. Regular maintenance not included. See dealer or mitsubishi-motors.ca for warranty terms, restrictions and details. Some conditions apply.



FREE MOVIE NIGHTS SATURDAYS THIS SUMMER!*

JOIN US AT PONDSIDE AMPHITHEATRE AND ENJOY FREE POPCORN**

JULY 9TH, 9:35PM
HOW TO TRAIN YOUR DRAGON



AUGUST 6TH, 9:05PM
FROZEN (SING-A-LONG VERSION)

AUG 13TH, 8:55PM
LABYRINTH

*Weather permitting **While quantities last. Times approximate. Movies begin at dusk.



Via Burnside/Highway 118, (Exit 12) off Highway 111

Isis here to stay, says salon owner

NIAGARA FALLS

Some think business is linked to terror group

People continue to flock to Isis, and its leader says it is here to stay and growing bigger.

Don't be alarmed. Not that ISIS. We mean Isis, a small body-sugaring and esthetics salon, in Fonthill, a community not far from Niagara Falls.

The salon is named after the Egyptian goddess Isis, reflecting body sugaring's roots as an ancient Egyptian hair-removal process. Its name predates the prominent moniker of the extremist group, also known to many as Daesh, by about 13 years.

"Everybody knows me as Isis," says Brigitte Boucher, owner of the salon.

Boucher opened the business 15 years ago in London, Ont. then moved it to its current location about three years ago. She specializes in natural body hair removal using homemade products. You can also get a manicure, pedicure, lash extensions and a facial.

"There's no beheading going on," Boucher says. "There's a lot of hair removal."

The name of the salon has raised a few eyebrows over the past few years. Boucher says she has noticed people taking photos of the storefront, which sports the company name. She also deals with the occasional caller phoning to inquire if the business is connected to Daesh (known as the Islamic State).

This has prompted her to post a sign in the front window stating "We are not affiliated with the Islamic State of Iraq Syrie (sic)" in capital letters.



Isis, a small body sugaring and esthetics salon in the Niagara region, has seen its business improve despite misconceptions over whether it is connected to the terrorist group, according to owner Brigitte Boucher. TORSTAR NEWS SERVICE

NAME CHANGES

In 2014, Halifax's Immigrant Settlement and Integration Services (ISIS) became the Immigrant Services Association of Nova Scotia, or ISANS.

Isis, the dog on the television drama Downton Abbey, was killed off that year amid rumours the show didn't want the canine sharing its name with the jihadist group, although producers denied that was the case.

IN BRIEF

Kenney's exit from federal politics to have domino effect on Tory leadership

Jason Kenney's decision not to seek the leadership of the federal Conservatives will have a domino effect on the race and the national party. The Tory MP announced his bid to lead the Alberta Progressive Conservatives and is already staffing up his provincial campaign with former aides. They'll take with them the tactics, the political savvy and, most importantly, thousands of contacts. THE CANADIAN PRESS

BRITISH COLUMBIA

It's true, garlic wards off the bloodsuckers

Folklore says a bulb of garlic will repel a vampire, but a northwestern B.C. community believes the pungent vegetable is the answer to fighting a smaller, but equally bloodthirsty pest.

The District of Taylor has approved a pilot project to apply an environmentally friendly but potent garlic solution to several areas around town in hopes of wiping out mosquitoes.

The solution is 99 per cent

garlic and Taylor councillors have been assured it can kill mosquito larvae while the left-over sulphur is undetectable by humans but deter adult mosquitoes for weeks.

Several baseball diamonds in Taylor will be sprayed first, and the concoction will also be applied around the downtown core.

Based on costs and results, Taylor council intends to expand the pilot project in 2017. THE CANADIAN PRESS



MELIÃ

MARINA VARADERO

CUBA - APARTMENTS

Sea looks and nautical motifs. Modern architecture and spectacular views of the Marina Gaviota. The only resort in Varadero that combines hotel and apartments.

Space for luxury with the exclusive concierge service in The Level floor. Excellent convention center and fabulous Yhi Spa. A Five Stars resort specially designed for sea lovers



IT'S TIME
FOR CUBA
#TimeForCuba

 DISCOVER MELIÃ CUBA
DOWNLOAD OUR NEW APP

Download on
 


MELIÃCUBA.COM

MELIÃ
HOTELS & RESORTS



► Cuba

MELIÃ HOTELS
INTERNATIONAL
CUBA

Feds probe another police shooting

LOUISIANA

Another black man shot, another investigation

The U.S. Justice Department opened a civil rights investigation Wednesday into the video-recorded police killing of a black man who authorities say had a gun as he wrestled with two white officers on the pavement in Baton Rouge, Louisiana.

Alton Sterling, 37, was confronted by police and shot on Tuesday after an anonymous caller said he had threatened someone with a gun outside the store, where he was selling homemade CDs, authorities said.

In a cellphone video taken by a community activist and posted online, the two officers pinned Sterling to the ground, someone yelled, "He's got a gun! Gun!" and gunfire erupted moments later.

At a news conference Wednesday, Baton Rouge Police Chief



In this video, Alton Sterling is held by two Baton Rouge police officers, one holding a hand gun. HANDBOUT/THE ASSOCIATED PRESS

Carl Dabadie Jr. said that Sterling was armed but that there are still questions about what happened.

"Like you, there is a lot that we do not understand ... I am demanding answers," Dabadie said.

The officers, identified by the chief as Blane Salamoni, a four-year member of the department, and Howie Lake II, who has been on the force for three years, were placed on administrative leave, standard department procedure.

Authorities would not say whether one or both fired their weapons or how many times.

Gov. John Bel Edwards and the U.S. Justice Department an-

nounced the investigation by the department's civil rights division.

"I have very serious concerns. The video is disturbing, to say the least," Edwards said.

The shooting stirred anger in Baton Rouge, with hundreds protesting Tuesday night and demonstrations continuing Wednesday. Community leaders and Sterling's family demanded a federal investigation.

"Mr. Sterling was not reaching for a weapon. He looks like a man that was actually fighting for his life," said state Rep. Edmond Jordan, an attorney for Sterling's

family. THE ASSOCIATED PRESS



DYNAMIC DUO CLINTON, OBAMA CAMPAIGN TOGETHER Democratic presidential candidate Hillary Clinton walks off of Air Force One with U.S. president Barack Obama on Tuesday in Charlotte, North Carolina, where they made their first joint campaign appearance. The Clinton campaign hopes Obama can reassure voters about her experience, talent and character — and speak to their questions about her honesty and trustworthiness, some of which stem from the FBI's email investigation. GETTY IMAGES

COMIC BOOKS

Meet Riri Williams, the new Iron-Not-A-Man



Colin McNeil
Metro | Toronto

genius catches the attention of the smart-mouthed billionaire after she reverse-engineers an Iron Man suit and builds her own version.

So what happened to Tony?

"We're in the middle of a very big Tony Stark storyline — actually three storylines converging," said Invincible Iron Man author Brian Michael Bendis, in an interview with TIME.

"His best friend died, his company is collapsing and he's finding out who his biological parents were," he said. "But it does create a path for Riri Williams, who Tony will know and will be interacting with in the comics."

Williams, a 15-year-old MIT student, suits up in Invincible Iron Man #1, apparently with Tony Stark's blessing. The girl



Marvel Comics' push for a superhero roster that better represents their readers continues with the upcoming launch of Riri Williams — the new face of Iron Man. CONTRIBUTED

IN BRIEF

Iraq war 'wholly inadequate'

Prime Minister Tony Blair led Britain into an unsuccessful war in Iraq through a mix of flawed intelligence, "wholly inadequate" planning and an exaggerated sense of the U.K.'s ability to influence the U.S., according to a damning official report on the conflict that was published Wednesday.

The inquiry fell short of delivering what many bereaved families sought — a declaration that the 2003 war was illegal. But its words give the most comprehensive verdict to date on the mistakes of a conflict. THE ASSOCIATED PRESS

Ceasefire in Syria

The Syrian military declared a three-day cease-fire for the entire country on Wednesday, coinciding with the start of the Muslim Eid al-Fitr holiday marking the end of the holy month of Ramadan, state media reported.

The military's nationwide truce is set to expire at midnight Friday, according to a state TV report. The truce is not expected to affect the fight against Daesh, which is battling government troops, rebels and other forces.

THE ASSOCIATED PRESS

York Heat Pump Air Conditioner for only \$2695 or \$31 a month*

Only

~~\$2995~~ \$2695



- Air Condition Your Home for \$0.30 - \$0.50 a day
- Cut your heating costs this winter
- Quick one day installs!

Call Sunshine at (902) 701-7784 to Learn More Today!

SUNSHINE
RENEWABLE ENERGY

*Subject to approval. Up to 48 months. 12,000 BTU York heat pump & NSPA 10 year financing.



Talks stall over pensions

LABOUR DISPUTE

Canada Post union refuses to accept two-tier model

Canada Post is threatening to lock out unionized workers on Friday, as contract talks stall over changes to pensions — a benefit that the union says it will fight to defend.

"We could not be farther apart," said Canada Post spokesman Jon Hamilton, noting the two sides have not met face-to-face since Canada Day, when the union put forward its latest offer.

Union president Mike Palacek calls that "patently untrue," saying the two sides met on Monday, and both sides are working with mediators trying to reach a deal.

"Canada Post has not moved on any of the issues," said Palacek, national president of the Canadian Union of Postal Workers, which represents 50,000 members in both urban and rural units. "But we haven't been told formally we will be locked out."

The union believes the company will reduce employee hours, lay people off, cancel vacations and suspend a monthly transfer of \$3.5 million in union dues.

"We can see where they are going. They are going to attempt to provoke us," Palacek said. "We are telling our members not to take the bait, to stand strong. Our goal is to continue service to the public."



Mail could stop being delivered from Friday with Canada Post threatening to lock out workers as the two sides remain far apart on issue of pensions. THE CANADIAN PRESS



It is fundamentally unjust to have people work side by side, getting wildly different compensation.

Union president Mike Palacek

He added that the union would pay out \$200 a week in lockout pay to members from its strike fund. Its fund is in the "tens of millions," and other unions have offered to help out if needed, Palacek said.

Canada Post says it needs to take action, given its biggest e-commerce customers have moved their business to rivals, and parcel and mail

volumes have plunged amid the uncertainty.

"In a competitive marketplace, the threat of a strike is just as damaging if not more damaging than an actual strike," Hamilton said.

The company is promising to cover pay and prescription drugs — but other items including vacation, personal days and short-term disability coverage will be suspended.

At the heart of the battle is the company's proposal to put future employees on a defined contribution pension plan, instead of the existing defined benefit pension plan, which is indexed for inflation. Two other unions and management have switched for new hires.

"It is fundamentally unjust to have people work side by side, getting wildly different compensation," said Palacek.

Under a defined benefit pension, employers and employees contribute to a plan, and the worker is guaranteed a fixed payout at retirement, regardless of how pension investments performed or where



WHAT THEY SAY

Canada Post is in the public sector, and as a crown corporation it has pushed to turn profits, though the union argues it is not required to do so.

The post office says the corporation is facing huge challenges with its pension plan with a \$6.2 billion solvency deficit.

The union challenges that figure saying it is merely a number on paper if the pension is to be terminated, which is not happening.

The union notes the pension plan delivered a 7.3 per cent return in 2015, with a \$1.2 billion surplus last year.

Trade deficit at new low

Fresh figures from Statistics Canada show the country had a record trade deficit in April and that it was nearly as bad in May, raising concerns economic weakness in the second quarter could be worse than feared.

The federal agency said Wednesday the trade deficit in May was \$3.28 billion and revised the deficit for April to a record \$3.32 billion. That compared with its initial estimate of a \$2.93 billion shortfall for April.

The report showed a 2.3 per cent drop in export volumes.

"The string of declines in export volumes is a worrying sign that the transition away from energy sector-driven growth might be stalling," Bank of Montreal senior economist Benjamin Reitze wrote in a report.

THE CANADIAN PRESS

IN BRIEF

Holland retiring as Torstar president and CEO

The roles of president and CEO of Torstar Corp. and publisher of the Toronto Star will be amalgamated into one position, the company said Wednesday as it announced David Holland would retire this fall. Holland is retiring after 30 years with the company, including seven years as president and CEO of Torstar. A search is underway to fill the new joint position.

THE CANADIAN PRESS

BANKING

Fintech startups are helping immigrants land on their feet

 **Wankee Li**
Metro Vancouver

A Vancouver entrepreneur is helping other newcomers to Canada by starting a financial technology company that help immigrants land on their feet when they arrive — immigrants like Fares Toumi.

Toumi, a marketing consultant from Jordan, moved to Vancouver with his young family one year ago and decided to work for himself rather than find a salaried job.

His business grew steadily but when his mother fell ill in Jordan in May, Toumi didn't have enough cash on hand to send back home. He said banks

would not lend him the money because he had no credit history and few assets in Canada.

Financial technology or 'fintech' companies are filling this service gap and others, creating a \$13 trillion global market, according to the Digital Finance Institute, a Canadian think-tank.

Out of 515 fintech companies in Canada, about 100 are based in B.C. and many have an edge in the industry thanks to the province's strong tech sector, said Christine Dunham, executive director at DFI.

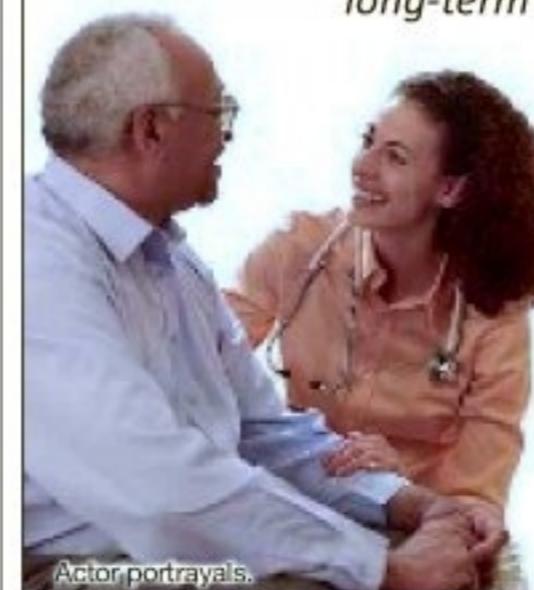
Cindy Chen, CEO of Amber Financial Services, calls fintech the 'Uber' of the banking industry. She was inspired to launch her business, which offers unsecured loans, after

her own experience immigrating to Vancouver from the U.S. four years ago. "I didn't have enough money to pay for rent and utilities. I borrowed money from friends," said the 30-year old entrepreneur.

There is a group of people that should qualify for loans but don't because traditional banks only consider certain types of documentation, explained Chen. Amber Financial uses other methods like considering old bank statements from the country an immigrant came from to assess whether they qualify for a loan. Students who need loans to pay for tuition can also qualify if they have a part-time job. No clients have defaulted so far, according to Chen.

Train to deliver short & long-term care to those in need.

Become a **Continuing Care Assistant** for home care, long-term care and hospitals. This is a growing industry that offers flexible hours and competitive pay.



 **Success College**
Get Ready.

Still time to
enroll for JULY!

800 Sackville Dr., Lower Sackville, NS

successcollege.ca 902.865.8283

ROSEMARY WESTWOOD
ON THE SEX HARASSMENT CLAIMS AGAINST FOX'S CHAIRMAN

While it's everyone's "issue," sexual harassment and assault are often only women's problems. This is why Gretchen Carlson's lawsuit is so powerful, and career-risking.

If journalists took the whole "people in glass houses" motto seriously, newspapers, websites, video reels and radio stations would be blank, empty, silent spaces.

Papers that rail against unfair working conditions deny their own employees overtime pay.

Outlets that decry white male workplaces are some of the white-est, male-est offices around.

This industry, which gets paid to call bulls-t on everything and everyone it sees, is full of it.

And of course it is. No job exists outside our culture. And our culture is full of it, too.

So no woman in media (or elsewhere) was likely surprised when Gretchen Carlson, a former anchor for Fox News in the U.S., revealed a series of cases of career-related sexual harassment in a Huffington Post op-ed yesterday.

But the article was a mere side-note to the real breaking news, which shocked the U.S. media world: a sexual harassment lawsuit filed by Carlson against the media mogul and Fox chairman Roger Ailes.

Of course, that a wealthy, powerful media baron would sexually harass his employees is in no way surprising. But it's almost incredible that Carlson has outed him (allegedly) in such a public way. So often sexual assault

So often sexual assault cases in workplaces are handled quietly, if at all, especially when the accused is in charge.



Former Fox News host Gretchen Carlson has filed a lawsuit against the CEO and chairman of Fox News, Roger Ailes, for sexual harassment and retaliation. GETTY IMAGES

cases in workplaces are handled quietly, if at all, especially when the accused is in charge. And Ailes' power probably can't be understated, though the New York Times described him this way: "a towering figure in television and Republican politics who has overseen virtually every aspect of Fox News Channel over the cable network's hugely successful two-decade run."

The quotes attributed to Ailes in the lawsuit are comically direct: "I think you

and I should have had a sexual relationship a long time ago and then you'd be good and better and I'd be good and better," Carlson alleges Ailes told her.

It's an amazingly succinct and stunningly blatant summation of what's long been a more insinuated scenario for women in the media, or anywhere, really. When Carlson didn't engage in such a relationship, she alleges, she was downgraded, and then let go. Just like she'd been warned.



Forget the bigots — there's good reason to oppose trade deals



Linda McQuaig

Torstar News Service

The decision of British voters to leave Europe has been treated as evidence that they're intolerant xenophobes keen to seal themselves off from the world. That Donald Trump is on their side only helps make the case that they represent a boorish throwback, a desire to make the English-speaking world great again by turning it into a giant gated community surrounded by sky-high walls.

Having such a collection of bigots and boors opposing "globalization" may turn out to be a boon for those promoting globalization — that is, the laws that govern the global economy.

This is unfortunate, since these laws — and the international trade deals that enforce them — have delivered benefits almost exclusively to those at the top in recent years, and should be thoroughly overhauled.

But with Neanderthal wall-builders lurking in the background, it may be easier for the Trudeau government to convince Canadians to accept these badly flawed and increasingly unpopular trade deals as part of living in an open, modern world.

U.S. President Barack Obama helped make this case in his address to Parliament last week, urging us to resist "sealing ourselves off from the world," as he derided opposition to foreigners and opposition to international trade deals with the same broad brush.

There's a litany of reasons why any sensible person would resist these trade deals.

But the most outrageous aspect of them has always been the special set of legal rights they bestow on foreign corporations and investors. These rights enable wealthy foreigners to sue governments over policies the foreigners don't like, and to have their lawsuits decided by closed tribunals.

The Trans-Pacific Partnership (TPP), rather than removing this indefensible, anti-democratic set of rights for wealthy foreigners, actually extends them.

Indeed, the TPP could open a floodgate of new claims by wealthy foreigners, according to a powerful report by Osgoode Hall law professor Gus Van Harten. The report documents how corporations and wealthy investors have taken advantage of the bizarrely generous legal rights available to them under NAFTA, suing Canada 39 times and winning more than \$190 million in compensation from Canadian taxpayers. There is no cap on how high the compensation can be, and the vast majority of it goes to the ultra-rich.

Let's not forget what it is these foreign interests are objecting to: laws passed by democratically elected governments to protect the public. For instance, Lone Pine Resources challenged fracking regulations in Canada; just last month, TransCanada sued the United States for \$15 billion to compensate for Obama's decision not to approve the Keystone pipeline.

The Trudeau government will no doubt fill us with dark Brexit and Trumpian images to warm us up to the TPP. But not even revulsion for Donald Trump will provide enough lipstick to pretty up this pig.

metro
Your essential daily news

CHIEF OPERATING OFFICER, PRINT
Sandy MacLeod

VICE PRESIDENT & EDITOR
Cathrin Bradbury

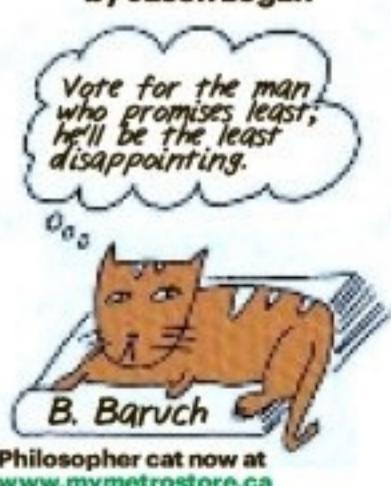
EXECUTIVE VICE PRESIDENT,
REGIONAL SALES
Steve Shroud

MANAGING EDITOR HALIFAX
Philip Croucher

ADVERTISER INQUIRIES
adinfohalifax@metronews.ca
General phone 902-444-4444

FREE TO SHARE

PHILOSOPHER CAT
by Jason Logan



Philosopher cat now at www.mymetrostore.ca

NETFLIX

Actress Samira Wiley dishes on her role in Season 4

Richard Crouse
For Metro Canada

SPOILER ALERT: This article contains Orange is the New Black Season 4 spoilers!

Samira Wiley, who played fan-favourite Poussey Washington on the prison drama Orange is the New Black, wants you to know one thing. "Samira is alive!"

Since her character's shocking death near the end of the fourth season, fans have been leaving strange messages on social media for her.

"I get a lot of comments on social media when I tweet something or I post a picture," she says. "People are like, 'I'm really happy you're posting so I know you're alive.' Yes, I am. I haven't gone anywhere."

The Juilliard-trained actress appeared in 50 episodes of the acclaimed Netflix series, bringing Poussey to vivid life. Dealing marijuana earned the character a stretch at Litchfield Penitentiary — "We all in here because we took a wrong turn going to church," Poussey joked — where she was an outspoken and caring woman who stood by her convictions.

"Poussey is really like an ideal person," says Wiley. "I've said this before, she is such a great friend and a great person sometimes when I don't know what to do or want to be better in a certain situation I think, 'What would Poussey do?' She had a great heart. A great moral centre and a great smile. She is someone that you look up to."

"I feel so, so honoured and privileged to give her life and to give people the strong feelings they have

OITNB's Poussey riot



Samira Wiley played fan-favourite Poussey Washington in Orange is the New Black. PHOTOS COURTESY NETFLIX

about her."

Based on Piper Kerman's memoir about her experiences in a women's prison, the series has been a commercial hit and critical success for its candid depictions of race, sexuality and gender.

"I think the show in general has ushered in a new era of television," says the actress, who will next be seen on the comedy series You're the Worst.

"Orange is the New Black shows you different kinds of women, different shapes of women, different backgrounds of people. The barriers are less and in some ways invisible

because that is you, or your mom or your sister. I feel really proud to be part of the television show that started that.

"With Season 4, I think we really amped it up a notch in terms of reflecting not only the people we see everyday but the issues we deal with everyday, specifically Black Lives Matter. We're showing some responsibility as artists, as creators of this television show, because we need to reflect what is going on in our time. That is our responsibility."

As Wiley's former cast mates gear up to begin shooting season five of OITNB, she says she's not up to date

on the storyline.

"I think it might be too difficult for me to binge," she says. "I don't anticipate it. After most seasons, especially the third season I definitely binge-watched immediately. I thought I would be able to do that this time but I have only watched about half this season."

She stopped before Poussey is accidentally suffocated during a demonstration in the prison cafeteria.

"I haven't watched it yet. In a way I feel like actually watching it will be me really saying goodbye and I am not ready for that yet. I can't do that yet."

"I saw my size as being an advantage, whereas so many women see it as a disadvantage"

Rebel Wilson tells Britain's Telegraph newspaper her weight has helped her career

Thursday, July 7, 2016

JOHANNA SCHNELLER
WHAT I'M WATCHING

A plea for reform

THE SHOW: Orange is the New Black, S4, E12 (Netflix)

THE MOMENT: The Time Machine

Prison inmates Poussey (Samira Wiley) and Brook (Kimiko Glenn) dance without music inside a makeshift cardboard time machine. Their prison is in chaos, overcrowded and under new, nastier management.

"This feels like the most normal thing I've done in a while," Poussey says.

"It feels like we're in a horror movie," Brook says.

"The kind you used to watch on sleepovers," Poussey adds, "where you have to run to your mom at the end, to hug you, tell you it was all made up."

"My mom wasn't a big hugger," Brook says.

"My mom was," Poussey says. (Alert: Major spoiler ahead.)

Every now and then, the theme and purpose of a series comes together in a plot point, and this is one of those times. OITNB is a long, heartfelt plea for prison reform, and this — Poussey's last happy moment before dying in a chokehold — is an example of what showrunner Jenji Kohan is all about.

This sweet girl, arrested for possession of half an ounce of marijuana, should not be in prison. There should be a better solution for her. But as Kohan seeds throughout this season, the system is designed only one way, to grind people down. It's gutsy of Kohan to sacrifice a great character to make her greater point.

So in the next episode, when prison manager Caputo (Nick Sandow) defends the guard who killed Poussey, it's heinous, but also understandable. One promising life was wasted. He doesn't want to waste another. It's all so hugely sad.

metro

Tell us how you really feel.

Join our online reader panel and help make your Metro even better.
metronews.ca/panel

THE TOP 6@6

LAST NIGHT ON 101.3 THE BOUNCE:

6	Shawn Mendes Treat You Better
5	Kings of Leon Stay
4	OneRepublic Wherever You Go
3	Twenty 21 Ftosis Ride
2	Kent Jones Don't Mind
1	Selena Gomez Kill Em With Kindness

101.3
THE BOUNCE



101.3THEBOUNCE.com [@1013Thebounce](#)

ERRATUM - IMPORTANT

Please note that a pricing error was made in the Sea-Doo Ready-To-Ride Sales Event Advertisement published in the **Outdoor Recreation Guide** inserted into the **June 27th** edition of **Metro Halifax**. The correct price should read as follows: "Starting at \$5,899 with 3-year coverage on 2016 select models and prior".

10,000-Year-Old Spider Eggs Hatch

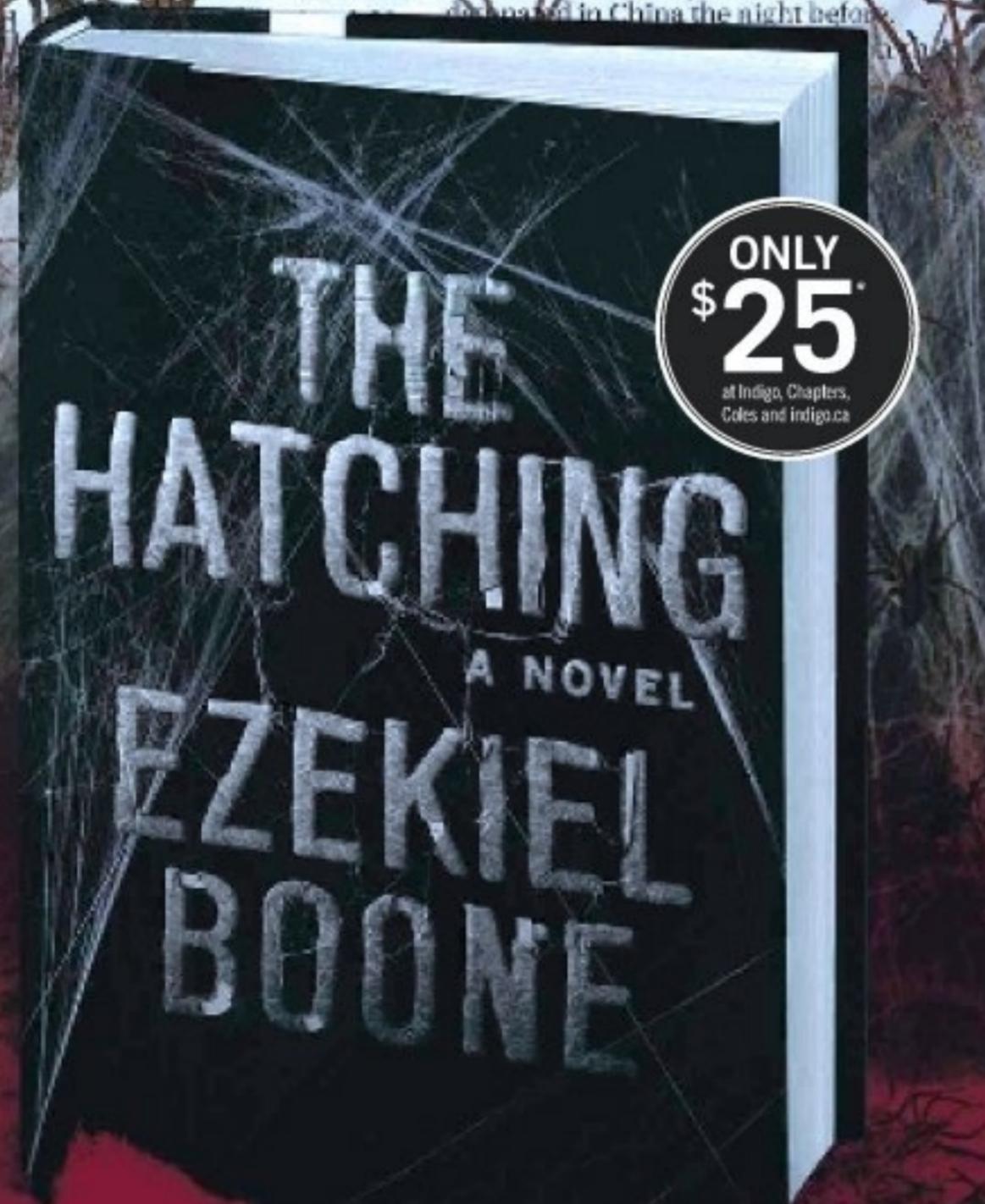
WASHINGTON, DC

Ancient spider eggs found in Peru hatch in university lab

Students in American University's graduate lab received a strange gift on Wednesday—a 10,000-year-old box from Peru containing what appeared to be calcified spider eggs. They were shocked when the eggs—also 10,000 years old—began to hatch.

Julie Yoo, a graduate student at the lab supervised by Yale alum Professor Melanie Geller, received a call from an unnamed source on Thursday, claiming to have found the box at a dig near the Inca city of Machu Picchu in Peru. She added:

Professor [redacted], who was previously married to [redacted] House Chief of Staff [redacted] [redacted] declined to comment except to say that she was eager to examine the shell once the hatching was complete, but an additional source from the lab who wished to remain anonymous described the spider egg sac, which has been recorded on HD video since the first indications of hatching, as both "vibrating" and "humming" as well as describing the size as far larger than average spider egg sacs. "It was bigger than a softball," our source said. "Possibly the size of a small melon. It was hard, possibly calcified, and had an unusual chalky feeling. It was hot to the touch." The attention paid to what should be a scientific impossibility has been far less than expected due to the nuclear bombs detonated in China the night before.

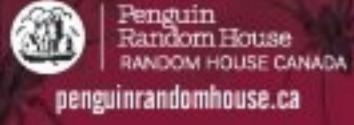


THERE'S A REASON YOU'RE AFRAID OF SPIDERS.

"...SCARY AS HELL AND ADDICTIVELY FUN."

BENJAMIN PERCY

Get your copy today at:



Indigo

Chapters

Coles

indigo.ca

*Offer valid while quantities last July 5-18, 2016, in-store and at indigo.ca. Indigo, Chapters, Coles and indigo.ca are trademarks of Indigo Books & Music Inc.

Winters takes off in turbulent times

INTERVIEW

Author's new novel wrestles with America's race problem

Sue Carter
For Metro Canada

As Ben H. Winters finished writing the final book in his award-winning *Last Policeman* mystery trilogy in 2013, he was already anxiously thinking ahead to what his next project might be. Meanwhile, the Indiana writer was also feeling distressed over the killing of Trayvon Martin by George Zimmerman, a neighborhood watch volunteer, in Florida, and the deaths of other young African Americans by police across the country.

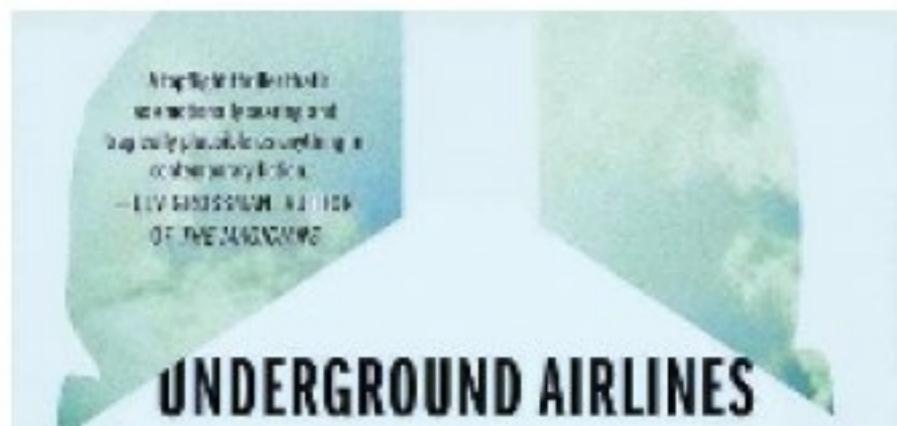
"It had become such a prevalent part of the national consciousness," says Winters. "As an American citizen, it was impossible not to be thinking about it all the time and wondering how this could possibly be happening."

Winters knew he wanted to use a hybrid of mystery and science-fiction genres to examine institutional racism in the U.S., and so his new novel was born, *Underground Airlines*, where he imagines a dystopian world in which the American Civil War has never happened and slavery still exists in Hard Four states.

The story follows Victor, an escaped slave turned bounty hunter looking for a runaway named Jackdaw, which leads to him becoming embroiled in a much larger conspiracy.

"It continues to strike me that in America there is this very specific backstory that is connected to race-based slavery," says Winters. "People like to think it happened long ago, like some kind of ancient phenomenon we put behind us, but in fact there are a million ways that the legacy of slavery forms contemporary racism."

In *Underground Airlines*, there are still Starbucks and CNN. Michael Jackson and Muhammad Ali remain stars (with revised biographies), and corporate greed and capitalism still reigns. But in Winters' alternate history, James Brown is an escaped slave living in Canada, and Henry Kissinger is quoted as denouncing the United Nations. As a self-declared "history and legal-scholar nerd," Winters spent a lot of time both researching and speculating how his premise would have played out internationally, and changed the



UNDERGROUND AIRLINES



A NOVEL

BEN H. WINTERS

Ben H. Winters' new novel is a hybrid of genres.

U.S.'s role on the world stage.

He admits wrestling with the appropriateness of a white male author writing a race-relations story with an African American protagonist, but came to the conclusion that it's important for artists like himself to draw attention to anti-black racism issues.

"I'm very aware that there will be some questions about my mo-

ing to write about this specific man, and his specific struggle, his specific back story.

"To think that black and white people are so different that the bridge of empathy that fiction is can't cross it is just dangerous thinking."

Underground Airlines concludes with a blockbuster surprise, but is also with cautious optimism. "I'm not giving up



To think that black and white people are so different that the bridge of empathy that fiction is can't cross it is just dangerous thinking.

Author Ben H. Winters

ives and the appropriateness of the material, and the only way I can answer that is if when people read the book, they realize it's not exploitative," Winters says. "There is a long and complicated history of white artists appropriating black voices. The only answer to that was to be honest and to think about how I'm go-

on my country. America has so many great things about it, and we've come so far, but continuing to move forward requires us to better understand our history than we think we do," says Winters.

Sue Carter is the editor at Quill & Quire magazine.



'IT ONLY TAKES A SECOND' HOME HAZARDS

Spooked by the recall of millions of IKEA dressers that pose a tip-over hazard if they're not properly anchored, parents everywhere are taking a second look at their child-proofing chops. "People always say, 'I only turned my back for a second,'" says Tracey Warren, director of Child Safe Canada. Her solution: Put more than a few seconds' worth of obstacles between your little ones and danger.

Here are five often-overlooked hazards you can find and minimize. GENNA BUCK/METRO CANADA

1 DOORS & WINDOWS

Opening the doors and windows to catch a breeze might keep you cool, but it's a hidden-in-plain-sight hazard to small children apt to wander out, Warren said. So keep the door closed and put an obstacle in front of it that will slow kids down — even something as simple as boots. Make sure your windows are secure too (but not permanently nailed shut: fire hazard), and don't place furniture under them that kids can scramble up on.



DRIVEWAY

Remind kids often that the driveway is a "drive zone," never a "play zone." Backing over children is tragically common. Warren said it has happened three times so far this season in Calgary, where she's based. It's best to back in and pull out. And exit the driveway with the windows down, so you can hear if someone's trying to alert you that you're about to make a fatal mistake.



2 WATER

Kids under five have a natural, unquashable desire to explore and climb on everything. It's not just pools and hot tubs: Toddlers have been known to topple into puddles, toilets, cleaning buckets and kitchen sinks full of dishwater, Warren said — so never leave standing water unattended.



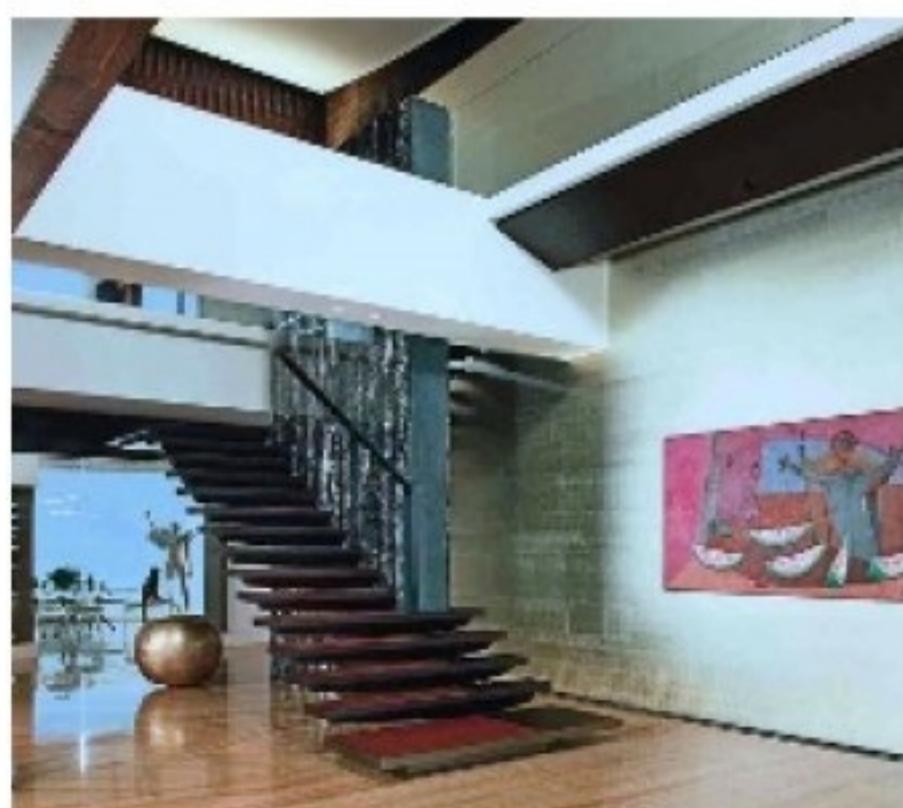
3 FITNESS EQUIPMENT

Kids can fly off a treadmill or get entangled in an elliptical. Don't leave the key in the lock, and if there's no way to secure the machine to prevent little fingers from mashing the "start" button, consider making the room it's in off-limits. Better yet, do both. That's what Warren calls "layers of safety."



4 DRUGS & COSMETICS

Warren suggests getting down to toddler-eye level and looking at your home the way your child sees it. What's in their reach? Kids are attracted to makeup's bright colours and easy-to-open packages, and they shouldn't be eating it. Grandma visiting? Purses or suitcases carelessly tossed on the floor or bed could have medication inside. Again with the safety layers: Keep poisons, like cleaning products and drugs, in a locked cupboard that's also up high.



A striking staircase designed by the New York-based design firm Bradfield & Tobin which has leather treads on the stairs rather than traditional carpet. SEAN FINNIGAN/BRADFIELD & TOBIN VIA AP

ASK A DESIGNER

How to create the stairway from heaven

We give lots of thought to decorating rooms but often overlook the staircase, despite the fact that in many homes it's the first thing people see when they walk in the door.

Staircase areas can be "a great spot to introduce your personal style," says Brian Patrick Flynn, who designed HGTV's Dream Home 2016, the design network's annual house giveaway.

Here, Flynn and designer Roric Tobin of the New York design firm B&T Global share advice on creating an inviting, stylish staircase that blends with the rest of a home's decor.

Assess the banister

It doesn't have to be expensive to replace a boring banister with something snappier.

"If it's something historical that has beauty, there's no sense in ripping it out," Tobin says. But if it doesn't serve the space, change it. Or consider painting or otherwise updating the banister.

Showcase your favourites

"Stairwells, often considered dead space, are ideal for showcasing collections," says Flynn. "I prefer to mix different frames in

a variety of wood finishes and metals, and then throw in three-dimensional objects as well to break up the rigid lines.

"When all else fails, I say stick with black-and-white photos."

Embrace bold patterns and colour

Tobin recommends using bold, large-scale print wall coverings to "really draw your eye up the staircase."

Homeowners often assume that small-print patterns will look best, he says, but they can be boring.

Blend style and function
Runners and stair treads are another place to add colour or pattern.

"Stairwell runners in masculine prints are becoming increasingly popular in all sorts of homes," says Flynn.

And they serve a practical purpose: Bare wood can look good but be noisy and slippery.

Most of Tobin's clients opt for stair runners or treads to eliminate noise.

These are traditionally made of carpet, but Tobin suggests considering other materials.

THE ASSOCIATED PRESS

Cristiano rises above

EURO 2016
SEMIFINALS

Superstar brings A-game as Portugal end Wales' hopes

Cristiano Ronaldo upstaged Gareth Bale to propel Portugal into its second European Championship final, scoring a thumping header and then setting up Nani's goal in a 2-0 win over Wales on Wednesday.

The goals came in the span of three minutes early in the second half in Lyon, helping end Wales' unlikely run to the semifinals in only its second ever major tournament.

Ronaldo equalled France great Michel Platini's record of nine goals in European Championship soccer when he timed a prodigious leap to perfection and planted home a header in the 50th minute.

The Real Madrid star then sent in a long-range shot that a sliding Nani diverted into the net from 10 metres.

Ronaldo — a serial winner in individual and team prizes in club football — will get another chance to win his first trophy on the international stage against either France or Germany in Sunday's final at the Stade de France in Paris.

"It's what we have dreamt of since the beginning," Ronaldo said. "We knew it would be a



Cristiano Ronaldo scored the first goal off a header and set up the second. PAUL ELLIS/AFP/GETTY IMAGES

WEDNESDAY In Lyon

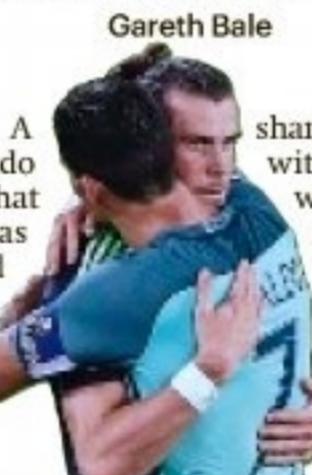


long road and we're still in the tournament."

Portugal last competed in a final at Euro 2004, when the team surprisingly lost on home

We have no regrets. We're a proud nation and proud of what we achieved.

Gareth Bale



soil to Greece. A 19-year-old Ronaldo shed tears after that match, but he has managed to lead a much weaker side to another international showpiece.

Ronaldo

shared a long conversation with Bale after the final whistle and the Madrid teammates embraced. This could have been the match where Bale emerged from Ronaldo's shadow, but that will have to wait.

"It's very dis-

IN MARSEILLE

German captain good to go

Germany's Bastian Schweinsteiger will lead his side on Thursday after dealing with a right knee problem. But Germany will be without striker Mario Gomez and midfielder Sami Khedira through injury, and defender Mats Hummels, who is suspended.

Lloris will go with his gut

France goalkeeper Hugo Lloris will not spend much time researching German players should Thursday's game go to shootout.

"You shouldn't just focus on that," he said. "What counts is your intuition ... It's really down to the moment."

WIMBLEDON

Raonic gets big rematch

Milos Raonic says he's looking forward to getting another crack at Roger Federer, the Swiss tennis legend who sent him packing with a straight-sets win in the 2014 Wimbledon semifinals.

Raonic believes he has grown as a player since his first Grand Slam semifinal, improving his all-round game and learning how to make adjustments when things aren't going his way.

How much the Canadian has improved will be made clear Friday, when Raonic takes on Federer, the seemingly ageless seven-time champion, in the Wimbledon semifinals for the second time in three years.

"I look forward to it a lot," Raonic said. "Two years have passed since I played him here in the semifinals so I'm happy that I have another shot at him.

"I think from every aspect I've improved. I think I know what I need to do on court better, I know how to turn things around to get them on my terms. I know what I'm looking for, I know how to go about it to try to get to that position as much as I can and when things aren't going well I know what things to change."

Raonic, 25, advanced to his third career Grand Slam semifinal, and second of the season, with a clinical 6-4, 7-5, 5-7, 6-4 win over American Sam Querrey on Wednesday on Court 1. The sixth seed from Thornhill, Ont., lost serve only once and registered 13 aces and 58 winners.

"Definitely a right step forward," Raonic said. "It's the best match I've played all the way through. Other than a span of three games everything was quite good. I had quite a few looks and I made the most of it."

THE ASSOCIATED PRESS

BASKETBALL

Canadian men inch closer to Rio

Canada is another step closer to booking a last-minute ticket to Rio after advancing to the semifinals of a FIBA Olympic men's basketball qualifying tournament Wednesday in Manila, Philippines.

The Canadians edged Senegal 58-55 in their last pool game to sweep Group A.

Raptors point guard Cory Joseph led the 26th-ranked Canadians with 13 points while Tyler Ennis of the Milwaukee Bucks had 12. THE CANADIAN PRESS



Canada's Tristan Thompson blocks a shot by Senegal's Cheikh Mbodj.

THE ASSOCIATED PRESS

IN BRIEF

Flores' Mets floor Marlins

Wilmer Flores homered twice, Jacob deGrom pitched seven strong innings and the New York Mets beat the Miami Marlins 4-2 on Wednesday.

Curtis Granderson hit a two-run single and Jose Reyes had a pair of doubles for his first hits this season to help the Mets win for the sixth time in seven games. They took two of three from Miami ahead of a four-game showdown with NL East-leading Washington.

THE ASSOCIATED PRESS

COURT

Messi gets 21-month prison sentence

Lionel Messi and his father were sentenced to 21 months in prison for tax fraud by a Barcelona-based court on Wednesday, with both sentences likely to be suspended.

The court found the Barcelona star and his father, Jorge Horacio Messi, each guilty of three counts of defrauding tax authorities of 4.1 million euros (\$4.6

million US).

In Spain, sentences of less than two years for first offences are usually suspended, meaning neither man would go to jail. That decision, however, rests with the court.

Messi's management company said later on Wednesday that Messi and his father would appeal the sentences. THE ASSOCIATED PRESS

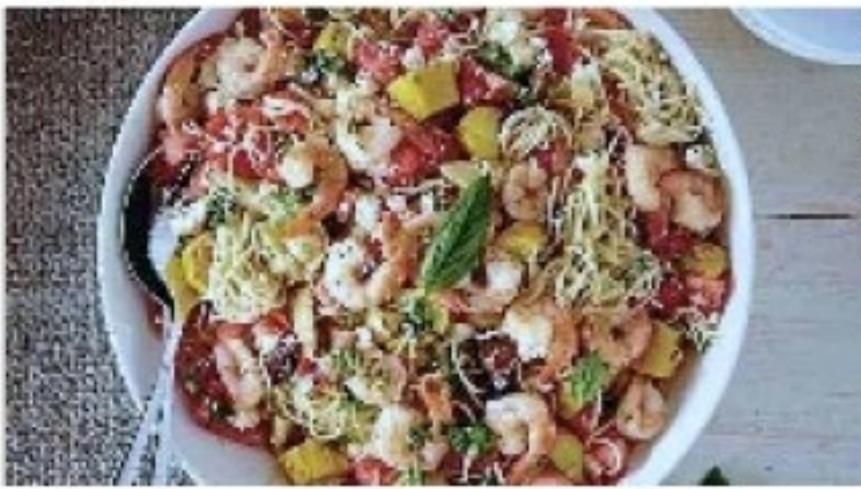
2M

Messi was also fined 2 million euros and his father 1.5 million euros.



Milos Raonic GETTY IMAGES

RECIPE Shrimp and Vegetable Spaghetti



Ceri Marsh & Laura Keogh
For Metro Canada

Ready in

Prep time: 20 minutes
Cook time: 30 minutes

Ingredients

- 1 yellow zucchini, sliced
- 2 portobello mushrooms, stems removed, cut crosswise into slices
- 1 red pepper, sliced into quarters
- 1/4 cup olive oil
- 2 Tbsp balsamic vinegar
- 4 cloves garlic, chopped
- 1 Tbsp fresh chopped oregano
- 1 Tbsp fresh chopped rosemary
- 1 Tbsp butter
- 1 lb thawed peeled deveined shrimp
- 1 box of spaghetti
- 2 large tomatoes, sliced
- 1 container marinated artichoke hearts, plus a drizzle of its oil
- 1 cup feta cheese
- 1 handful fresh chopped basil

Directions

- Preheat oven to 400 F. Toss the zucchini, mushrooms and red pepper with 2 Tbsp of olive oil, balsamic vinegar, 2 cloves of garlic, oregano and rosemary to coat. Place vegetables on greased pan and roast in oven; turn vegetables once and cook until tender, about 30 minutes. Remove and allow to cool slightly. Slice the vegetables into bite size pieces.
- In a skillet over medium heat, add butter and two cloves of garlic and cook until aromatic. Add the shrimp and cook until they are pink, about 5 minutes. Remove and set aside.
- Cook pasta according to package directions. Drain and place in a large bowl. Drizzle the rest of the olive oil into the pasta. Toss in the vegetables, as well as the shrimp and their buttery juices and serve with feta and basil.

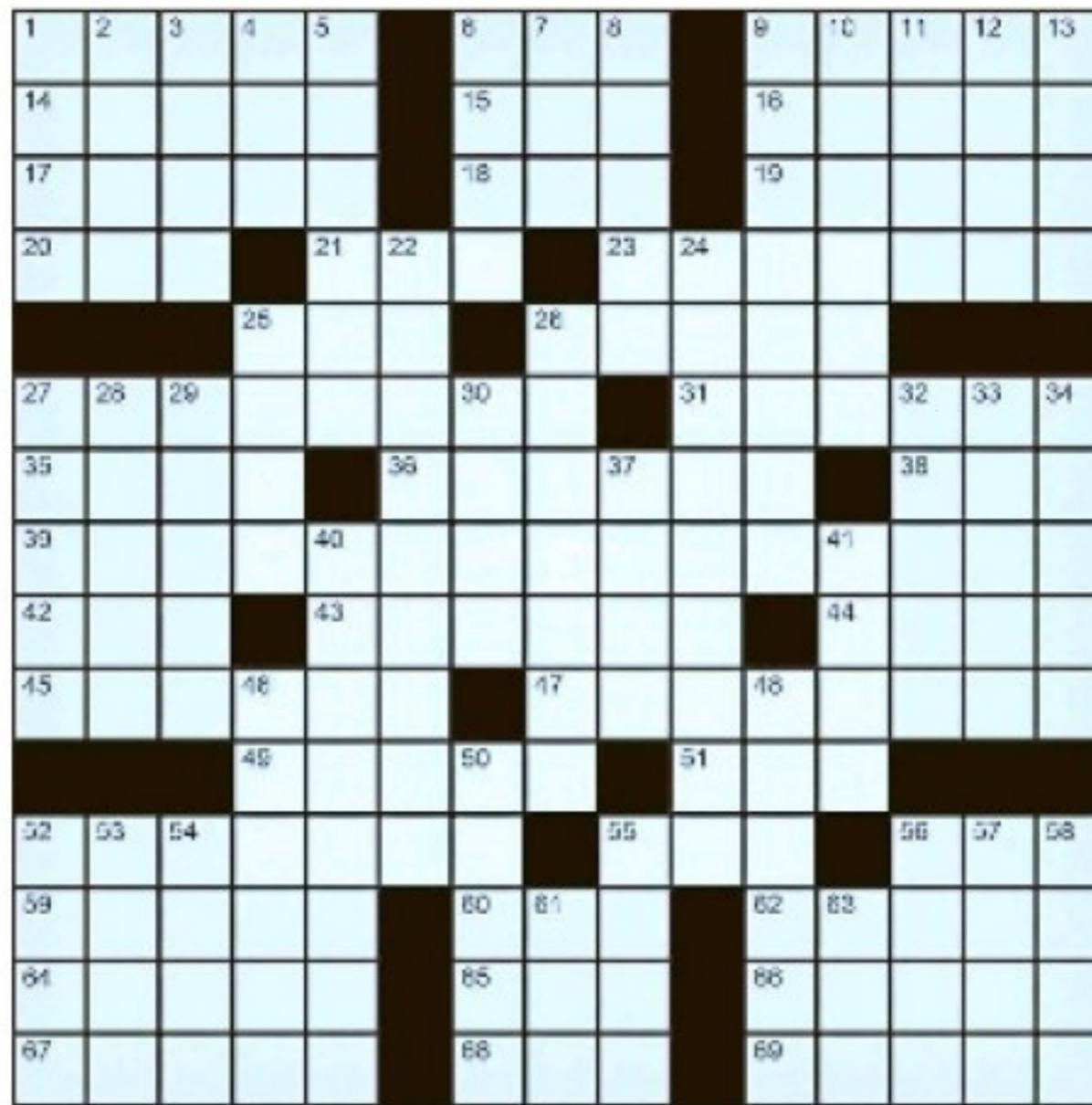
FOR MORE MEAL IDEAS, VISIT
SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

- Elizabeth of "Silent House" (2011)
- Constrictor
- Michelangelo sculpture
- Dance style, variably
- Hole-punching tool
- Pertaining to sheep
- Night-on-the-town venues
- "The Fresh Prince of ___-Air"
- Honeydew ___
- June, Jul., ___
- Caribbean music
- Lofty/out-standing
- ___ Systems (UK defence contractor)
- Connecting/securing
- Possible helpful way out, as of a problem
- Ms. Miller of "Factory Girl" (2006)
- Much: 2 wds.
- Commercial area of Venice
- Alley-___ (Basket-ball play)
- Prince Charles' hereditary revenue-reaping-realm, established in 1337: 3 wds.
- ___ Z
- Between 90 and 180 degrees, as per angles
- Embellish
- Save
- Pick a Bosc from one: 2 wds.
- Rich tapestry
- NFL positions, e.g.
- Seeks assistance: 2 wds.
- Seer's skill, short-style
- What person?
- Skirt style
- Critical
- Egg-shaped
- Donut or muffin alternative
- Toronto's Danforth, e.g.
- Enthusiastically exalted
- Wolf down the food
- "That's correct."
- Salon lock



DOWN

- Sea wolf
- Humdrinker
- Super-pleased with oneself
- Wolf down the food
- Shrink
- Bahamas capital
- ___ Wawa (Vintage SNL character)
- Must money-up
- Between-buildings spot
- What Canada Day used to be called, ___ Day
- Get even/re-taliate
- Foul
- Get ___ the ground floor

- Car fender damage
- Town in western Saskatchewan with a built-in-1914 water tower (that resembles a lighthouse) that can be seen from miles away
- Is cruel to
- The two of them
- Posh pieces of porcelain, perhaps
- "___ Love" by Golden Earring
- Rinse with a solvent
- Fashion: Ms. Chanel's
- Use a sieve
- Lacking in oxygen means there's what practically?: 2 wds.
- ___ prosequi (Not proceeding, in law)
- Black Eyed Peas member, ___-ap
- Misplace
- "Keep ___ Alive" by Queen
- Kilograms, e.g.
- Mason Jars user, often
- Official study
- Hunkydory
- Pop can openings
- ___ Bator (Capital of Mongolia)
- Capital of Latvia
- "For Your ___ Only" (1981)
- Used a loom
- "Get movin'!" commands
- "Eat My Brain" Canadian band, The ___
- Hit album of 2002: '___-Olution'
- Sort, shortly

*IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Something unexpected might occur at home today that shakes up your world. As a result, arguments with authority figures might occur. Pull in your reins and be diplomatic with everyone.

Taurus April 21 - May 21
Your routine will be interrupted today, definitely. Give yourself extra time for wiggle room. If not, you might bark at someone because you are frustrated.

Gemini May 22 - June 21
Keep an eye on your finances and cash flow today, because something unexpected will affect them. Avoid disputes about shared property, money and debt.

Cancer June 22 - July 23
This is a tricky day! Because something catches you off guard, you might be so frazzled that you end up having an argument with a friend or a partner. Chill out.

Leo July 24 - Aug. 23
Something going on behind the scenes is unpredictable today. Feelings of uncertainty could make you impatient with others. Stay frosty.

Virgo Aug. 24 - Sept. 23
Because someone might say or do something unusual, this could lead to a dispute, especially with a member of a group. For your own good, count to three before you respond.

Libra Sept. 24 - Oct. 23
Even though you're unhappy with a decision made by someone, avoid arguments with bosses, parents, teachers, VIPs and the police today. You will lose more ground than you gain.

Scorpio Oct. 24 - Nov. 22
Avoid controversial subjects like politics, religion and racial issues today, because they will become embroiled. Meanwhile, travel plans will be canceled or changed. Crazy day!

Sagittarius Nov. 23 - Dec. 21
Double-check your bank account, because something unexpected might be going on. Quarrels about shared property and debt might occur.

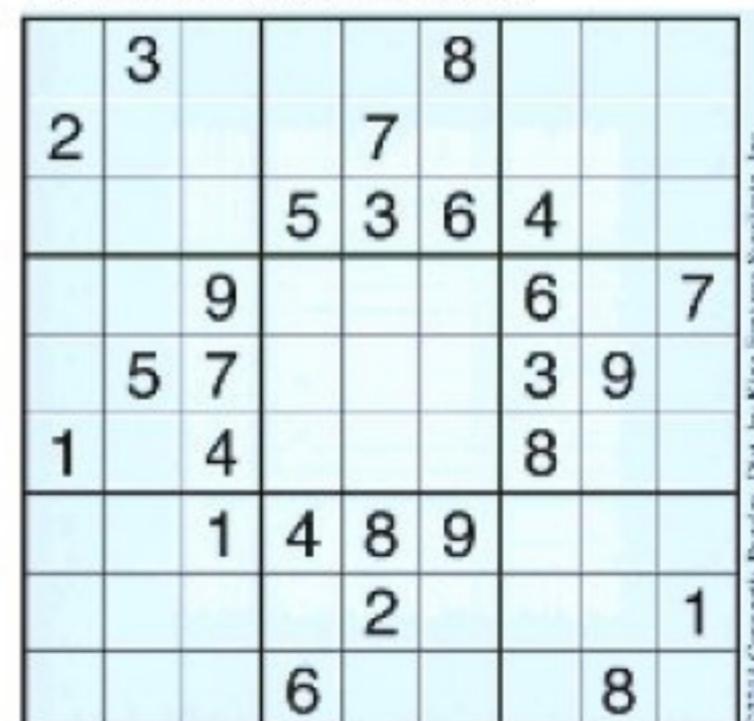
Capricorn Dec. 22 - Jan. 20
This is a dicey day to deal with partners and close friends. Even if you practice patience, you might encounter conflicts with others.

Aquarius Jan. 21 - Feb. 19
Power struggles might arise with a coworker today. This could be due to equipment breakdowns, canceled meetings or something unexpected. Don't lose your cool. Be part of the solution, not the problem.

Pisces Feb. 20 - March 20
Parents will have to be patient with their kids today. Likewise, romantic partners need to be patient with each other, because today is full of intense energy!

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



©2014 Conceptis Puzzles, Ltd. by King Features Syndicate, Inc.

metro

Tell us how you really feel.

Join our online reader panel and help make your Metro even better. metronews.ca/panel

YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games



SPORT UTILITY OR PICK UP YOUR CHOICE FOR A SMALL CAR PRICE

2016 Jeep Cherokee North FWD

Equipped with:

- 8.4" Touch Screen
- Back Up Camera
- Heated Seats
- Heated Wheel
- Remote Start
- 17" Alum. Wheels
- Bluetooth Wireless
- Sirius Sat. Radio



UPGRADE

TO A 4X4
MODEL
well equipped
for an
additional
\$33 bi-wkly

\$29,977 or \$197 b/w OR 0% Financing for 84 Mths



2016 RAM 1500 Reg. Cab Express 4X2

Equipped with:

- 5.7L Hemi V8
- Back Up Camera
- Class IV Hitch
- Trailer Brake Control
- Spray In Boxliner
- Sat. Radio
- Bluetooth Wireless
- Black Headlamp Bezels
- 20" Semi Gloss Aluminum Wheels

\$26,799 or \$189 b/w

Or UPGRADE to a 2016 RAM
1500 Reg. Cab EXPRESS 4X4
for an additional \$37 b/w



Just Arrived &
back by popular
demand!

Purchase a
RAM Truck
from June 10-30
and receive a
Custom Mopar
Tool Box Mini Fridge



2016 RAM 1500 SXT Crew Cab 4X4

Equipped with:

- 5.7L Hemi V8
- Back Up Camera
- SXT Appearance Group
- Trailer Hitch
- U Connect Hands-free
- Fog Lamps

**STARTING AT
\$29,995**

DARTMOUTH
CHRYSLER JEEP DODGE RAM
Where Nova Scotia Comes to Save!

61 ATHORPE DRIVE, DARTMOUTH, NS
(902) 469-9050 ddodge.com

Prices exclude freight, taxes and fees. Payments include freight, taxes and fees. 1.99% Financing for 96 months OAC on Crew Cab and Cherokee. 0% Financing for 84 months OAC on Crew Cab and Cherokee. All Rebates to Dealer. 2016 RAM Crew Cab includes \$1,500 Loyalty/Conquest Bonus Cash. Hurry in! Offer ends June 30th.